

NEWSLETTER



Family First Japan 2025



GREETINGS

EXECUTIVE DIRECTOR OF COUPLE'S RELATIONSHIP ASSESSMENT: SAYURI SUGII



Family First Japan has officially begun the fiscal year 2025. Last year was highly successful for the organization, particularly with the LS360 program. This year, we will focus on our two primary initiatives: the "Fathers' Network" and the "Couples' Relationship Assessment," to achieve even greater success. Last year, "Couples' Relationship

Assessment" program had 17 clients and reached 28 facilitators throughout the year. We also organized a regular fellowship that allowed facilitators to connect. During this fellowship, we were fortunate to have a lecture by Ps. Kiyoshi Mizutani on "How to Be a Loving and Serving Couple," which proved to be an invaluable learning experience for all of us. This year, we are planning to explore a new approach to Couples' Relationship Assessment. We will invite couples to meet with facilitators to discuss what they have found helpful in their lives since the Couples' Relationship Assessment, as well as the lessons they've learned while starting their new lives together. We hope to create opportunities for couples to share their insights and the factors that have contributed to their successful relationship diagnoses. We appreciate your continued support as we move forward this year.

Activity/Event Report

[FATHER'S NETWORK SCHEDULE]

Koganei Group

• 7/12 16:00~

Mitaka Group

• 6/28 10:00~

Oasis Group 1 • 2

• 6/29 10:00~

Tsuchiura/Tsukuba Group

• 7/3 20:00~

• 7/5 20:00~

ZOOM

TBD

*We will send the zoom link if you are joining online. Inquire via email for more details.

info@familyfirstjapan.org

[Prepare/Enrich]

7/18 Fri, 20:30~21: 30

Facilitator Fellowship

Couples' Relationship Assessment Registered Facilitators Profile



Hoshimi Iwasaki (Tama, Tokyo)

Registered Facilitator

Profile

Born in Hachioji, Tokyo, and raised in Iwaki, Fukushima, she graduated from Keiwa Gakuen High School and Keisen University. After completing her studies at Keisen University, she enrolled in Immanuel Seisen Theological Seminary and graduated in 2019. She currently works as a pastor at the Tokyo Free Methodist Sakuragaoka Christ Church and was married in 2024. She is fluent in Korean and plays a musical instrument. She enjoys worshiping, writing a journal, and watching Netflix. She has traveled to Korea, Thailand, the U.S., and the Philippines.

Self-introduction

Hello everyone, my name is Hoshimi Iwasaki, and I will be your facilitator. In my twenties, I often reflected on the concept of marriage, especially after my parents' divorce. I wish there had been more support available for couples in my community. That's when I discovered Prepare Enrich and thought, "This is it!" Not long after that, a senior facilitator invited me to become a certified facilitator myself. Since then, I have had the opportunity to work with several couples, hoping that many more will experience the incredible benefits that have deepened our relationships.

"My Wish as a New Facilitator"

I became a certified facilitator in 2022 and have worked with two couples so far, with two more in progress. I am filled with gratitude for the first couple who chose me as their facilitator and placed their trust in me. Additionally, I had the support of a senior facilitator who acted as a mentor during my marriage. I learned a lot during this time and am thankful for the valuable insights I gained as both a couple and a new facilitator. The Prepare program helps us connect on a deeper level, encouraging openness about thoughts and feelings that might otherwise remain unexpressed. It is gratifying to witness couples getting to know each other better and strengthening their relationships. I hope that through this work, Japanese couples will learn to address their relationships with resilience and commitment. As a new facilitator, I also aspire to deepen the love and connection between couples.

Facilitator Training Course

Family First Japan occasionally offers Couples Relationship Assessment Facilitator Training Courses for individuals looking to gain valuable tools for pre-marital and post-marital counseling. This training is also beneficial for couples who want to deepen their connection with each other. In the course, you will learn the fundamentals of Couples Relationship Assessment and become a certified facilitator!

Eligible individuals:

- Ministers and Pastors
- Marriage educators
- Relationship coaches
- Adoption and foster care workers
- Psychiatric specialist
- Family educators

We will share the details as soon as we schedule the next event.



■ JOIN THE COUPLE'S ASSESSMENT FACILITATOR COMMUNITY

This community is dedicated to sharing and supporting each other's experiences as facilitators. Let's learn together and support each other to help pre-marriage and married couples have a hopeful marriage and married life.

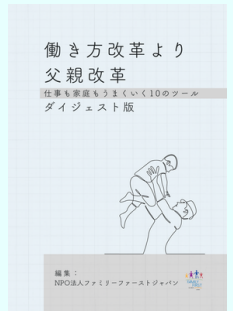
* FOR DETAILS AND REGISTRATION, PLEASE SCAN THE QR CODE:



A sneak peek from the Be a Better Dad Today! Condensed ver.

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The Company's Vision is commonly found on corporate websites, outlining the organization's purpose and aspirations for the future. A company's vision reflects the quality of its leadership. But what about leadership within a family? Have you considered your family's vision? If your "family vision" is strong and unwavering, it will serve as a guiding force even after you are no longer around. Many people do not think about this concept. A family vision acts as a roadmap for your family's life. Without a clear vision, your family may face challenges and uncertainty. However, if you establish a "family vision," your family will be better equipped to navigate any difficulties that may arise. Just as achieving your professional vision requires planning, execution, and sacrifice, so does creating a family vision. It takes effort to prioritize a "family vision" that you might have overlooked before. But trust me, a well-defined family vision is worth any sacrifices you may need to make.



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Participating in the Fathers' Network

Each month, fathers of children aged 0 to 18 gathered to read "Be a Better Dad Today!" and share insights using the workbook over 18 months. This is the final installment showcasing their impressions of the book, along with a comment from the wife of one participant.



I had never participated in a learning experience like this before, and I'm not very good at interacting with people. As a result, I often felt lonely as a husband, father, and man. Initially, I wasn't very enthusiastic about the program, but I made an effort to participate every month. Through listening to other men's perspectives and engaging with various texts that sparked thoughtful discussions, I was able to reflect on both the subjective and objective aspects of fatherhood.

— Mr. D (40s, father of three)

Here is a comment from the wife of one of the participants.

He still comes home late from work occasionally, but now that he returns early on weekdays, my children can communicate more with him. I'm pleased we expressed our values through a family vision, helping us share the same standards in how we treat our children. Since he joined the Fathers' Network, we've had many discussions about parenting as a couple.



If you are interested in joining or trying out the Fathers' Network, please feel free to contact us.

EXECUTIVE DIRECTOR: YUTO MATSUMOTO

■ JOIN US AT FATHERS' NETWORK

Our goal is to help fathers become better fathers and better husbands by learning from and encouraging each other in a local community where they can meet and socialize with other fathers. We are active in the Koganei, Mitaka, Tsuchiura, and Tsukuba areas and hold online meetings via ZOOM. Each area meets once or twice a month.

** FOR DETAILS AND REGISTRATION, PLEASE SCAN THE QR CODE:



Follow and Support

Your support and donations aid Family First Japan. Thank you for your ongoing support, especially for following us on social media.



<https://familyfirstjapan.org>
info@familyfirstjapan.org

Report from "The Power of Faith in Life and Business," presented by Pat Gelsinger.

On June 22, 2025, Family First Japan hosted a special lecture titled "The Power of Faith in Life and Business." Pat Gelsinger, who had previously spoken at LS360Tokyo last November, was invited again to share his insights. He emphasized the importance of balancing work and family and explained how faith could help individuals overcome challenges, drawing on his extensive personal experience.



I want to thank Mr. Pat Gelsinger for sharing his valuable insights. It was a meaningful learning experience, and I gained principles that I will cherish throughout my life, beyond my career. Mr. Gelsinger's repeated emphasis on "growing through hardships" reflected his humble character and made me acutely aware of my immaturity. His admission that one of his greatest regrets was not being present for the birth of his granddaughter—because he prioritized a business call—particularly struck me. Mr. Gelsinger's attitude as a caring father who values family over the title of CEO of a world-leading company taught me an invaluable lesson about what it means to be a father.

FFJ STAFF: KAZUYOSHI MATSUMOTO

4th Annual Conference Report

The 4th Annual Conference took place on July 17, 2025, at 8:00 p.m. via Zoom. Twelve members attended the meeting to discuss the 2025 budget and share reports. We want to extend our gratitude to all participants. In this newsletter, we will share some highlights from the meeting.

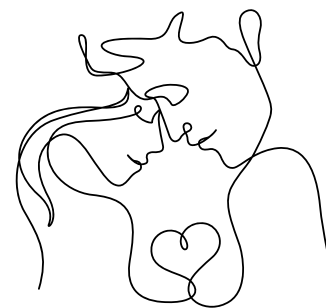
Activity Report for FY2024

Couples' Relationship Assessment

In FY2024, we conducted several activities:

- **A Facilitator Training Course with 7 participants, resulting in 5 new certifications.**
- **Welcomed 3 new facilitators, increasing the total to 28.**
- **Conducted a Relationship Assessment for 17 couples.**

In FY2025, we plan training sessions and fellowship activities focused on the Enrich program, round-table meetings with couples, and a family life workshop later this year, to enhance our support and learning.



Fathers' Network

In 2024, new groups were established in **Tsukuba and Tsutsuura**, expanding the Fathers' Network nationally. While the target of 258 participants was set, **213 joined**. In 2025, we **initiated a second group in Oasis** and plan to **start a new group in Western Japan, aiming for 542 participants nationwide** to foster connections and support among fathers.

Activity Report LS360 Tokyo

We held The Leadership Summit 360 on November 17, 2024, at the Dai-ichi Hotel Tokyo. The event attracted over 230 participants from various fields, including corporate executives, business leaders, educators, and social workers. It comprised two main parts: a special VIP event for corporate sponsors and a public main event.

The summit began with opening remarks by Gregory Slayton, Founder and Chairman of Family First Global, followed by a lecture from Pat Gelsinger, former CEO of Intel, and a Q&A session. In his lecture titled "MAP the Path of Leadership," Pat discussed his vision for principled leadership, addressing challenges, and balancing family life, drawing on his own experiences.

With a total of 23 sponsors—5 Platinum, 8 Gold, and 10 Silver—the summit provided a valuable opportunity to reaffirm the essence of leadership, supported by a diverse range of sponsors.



Leadership
Summit 360 *Tokyo*

Organization Report Viewing Page

The "Organization Report," summarizing Family First Japan's activities and finances, is available on the Tokyo Metropolitan Government's NPO portal. All reports since our establishment are posted there. The fiscal year 2024 business report will be submitted in August 2025 and will be accessible after processing.

How to view:

Tokyo Metropolitan Government Bureau of Citizens and Cultural Affairs top page > Corporation Certifications ≥ NPO portal site ≥ Organization information ≥ Search for Family First Japan ≥ Select "Family First Japan" ≥ View "Documents".

▼Click here for the URL of the viewing page, or click here for the QR code:

www.seikatubunka1.metro.tokyo.lg.jp/houjin/npo_houjin/list/ledger/0013808.html



Join Us as a Supporting Member of Family First Japan

— Together, we strengthen families in Japan, bring revival in Japan —

Families across Japan are navigating rapid social change. Every week we see marriages strengthened, fathers connected, and leaders equipped—because friends like you stand with us. Today, we invite you to become a **Supporting Member (Partner)** of **Family First Japan** and help us widen that impact.

What Your Partnership Fuels

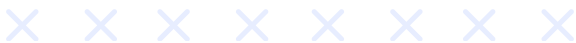
Marriage Enrichment: Workshops and assessments that provide tools for better communication, conflict resolution, and long-term relationship growth.

Fatherhood Networks: Small groups where fathers share support, advice, and enhance their roles at home.

Family Workshops: Teaching sessions that empower families to thrive in today's changing world.

Why Now?

Japan is currently grappling with a critical issue: a record low birth rate of approximately 1.15 in 2024 and a troubling decline in marriage rates, which fell to just 3.9% in 2023. Fathers with young children are contributing less than two hours of unpaid care daily, compared to the over seven hours that mothers provide. This disparity highlights the urgent need for support, as the demand for support groups and counseling greatly exceeds the available resources. By contributing, you can help us train more facilitators and broaden essential assistance for families, making a substantial and positive impact together.



How to Join (Takes 2–3 Minutes)

1. Open the registration page:
<https://familyfirstjapan.org/supporter/>
2. Use your browser's **Translate** feature (page is in Japanese).
3. Complete the form and submit payment.

Contact us

If you run into any issues, please email us at info@familyfirstjapan.org

🌐 <https://familyfirstjapan.org>

✉️ info@familyfirstjapan.org

Annual Membership Options

Individuals: 3,000 JPY per unit

(approx. 20 USD as of Aug. 2025)

Organizations: 10,000 JPY per unit

(approx. 68 USD as of Aug. 2025)

*You may select two or more units if you wish to extend your support.

Special Benefits

Individuals:

One complimentary counseling session per year (upon request).

Organizations:

One custom Zoom seminar per year (for churches, schools, ministries, teams; topic tailored upon request).

